**INNER HEALING AFTERCARE**

*God’s desire for you is to maintain your freedom! We bless you with the following directives in order for you to engage further with Holy Spirit and hear His voice for you. He is inviting you to be with Him because of His delight over you and His deep love for you.*

*You however have a part to play. Take time to come into conversation with God by playing some peaceful background music and take out a journal or some paper. Welcome Holy Spirit to come and speak to you and then begin to listen to what He says. As He asks you questions, be real, vulnerable. This is a discussion between you and Him.*

**Part 1**. Holy Spirit will you remind me of a time that Jesus and I were positively connected? Remember (even recall feelings) and describe this positive memory. And then based on the memory, connect with Him further, “Jesus I appreciate you for\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Locate Jesus by looking with your spiritual eyes to find Jesus with you. He said He would never leave you. Describe where He is right now. What does He look like and what is He doing/saying?

**Part 2** Listen as He asks you, My precious child tell me what warfare are you currently experiencing? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Are there any ways you have allowed the enemy to shift your perspective of My goodness?

(If you are not sure, simply ask Me to help you have clarity) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Ask Him to help you forgive you for coming out of belief of who He is for you and where you have come into agreement with the enemy. For example, anger, fear, hatred, unworthiness, entitlement, unbelief…\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Prayer:* I ask you God to remove all demonic entities that have been attacking me and send them to Jesus Christ of Nazareth for Him to send them where He wants them to go.

Who do you need Me to be for you right now? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What decrees is the Lord giving you to declare over your current situation? Decree with God over yourself and your situation. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Take a moment to write down any Scriptures to declare: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Part 3**  Are there any **lies** (include lies you have come to believe about yourself) where the enemy has deceived you over your situation that you have come into agreement with?

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Choose to come out of agreement with that now.

God I come out of agreement with the Lie that\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I repent for partnering with the enemy in believing this lie and ask You to forgive me, cleanse me with your precious blood and that You would lead Me into truth.

Thank you God for your truth about this situation that says\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ I choose to Trust you. I choose JOY *and \_\_\_\_\_\_\_\_*! I will declare your promises over My Life are True.

Invite Jesus to speak to you,
What is it You want me to know right now? Jot down any encouraging prophetic promises God has brought to mind about your situation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### Pray Scripture

 Take the scriptures God is highlighting to you and personalize them as a prayer

 For example,

Romans 12:1,2 The Passion Translation could be prayed like this: I choose to surrender Myself God to you to be your sacred, Living sacrifice. I declare that I will live in Holiness and experience all that delights your heart. I will become a genuine expression of worship. I choose to stop imitating the ideals and opinions of the culture around me. I choose to be inwardly transformed by the Holy Spirit through a total reformation of how I think. Holy Spirit I give you permission to help me transform all my thinking and to empower me to discern God’s will for me as I live a beautiful life, satisfying and perfect in Your eyes.

Romans 5:1,9,10 Thank you God that my faith in you Jesus has transferred your righteousness to me and now you God declare me flawless in your eyes. Because of your blood Jesus, and Your unfailing love for me, You have powerfully declared over me that I am now righteous in Your sight and I will never experience your wrath. Because of Your death, I am fully reconciled to You God and something greater than friendship is ours. Thank you God that I am at peace with you as I share in your resurrection life. I am rescued from sin’s dominion.

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